

Dear Precious Patient,

Happy new year! We are grateful to have you as a patient and we wish to share some ways that we are committed to you this year.

For those of you with insurance benefits, January brings a renewal of benefits. Starting out the year with a commitment to improving your health is a worthy resolution. As a dentist, we want you to be reassured that we take great pride in being a part of your health care team. During your periodic examinations in our office we examine for signs of oral cancer, gum disease and decay that can lead to infection in your system. Proficient oral hygiene and periodic dental examinations can prevent you from developing significant health problems. As a team, we are passionate about prevention!

In our office, February is Dentistry has a Heart month. For over ten years, the health community has confirmed that there is a link between the plaque build up and the arterial system. Infection in your mouth can damage your heart. For this reason, we are raising awareness of this health concern by advocating education on this subject throughout the month of February. If you are interested in knowing more about this link, we invite you to examine the website [www.dentistryhasaheart.com](http://www.dentistryhasaheart.com). You will find articles and video links that are helpful.

In the month of February, visit our office and learn more about your current state of health. Wear the color red during your patient visit and we will donate \$ 1.00 to the American Heart Association. Register for a drawing to be held at the end of the month and you could win a special Valentine's Day surprise. We are looking forward to making your visit educational and fun. If you have ideas, please let us know.

You are a precious person to us. Be well.

Sincerely,

Dr. Perry O'Dontal